

GuestLife.

MONTEREY BAY

◆ THE PENINSULA'S PRESTIGE MAGAZINE ◆



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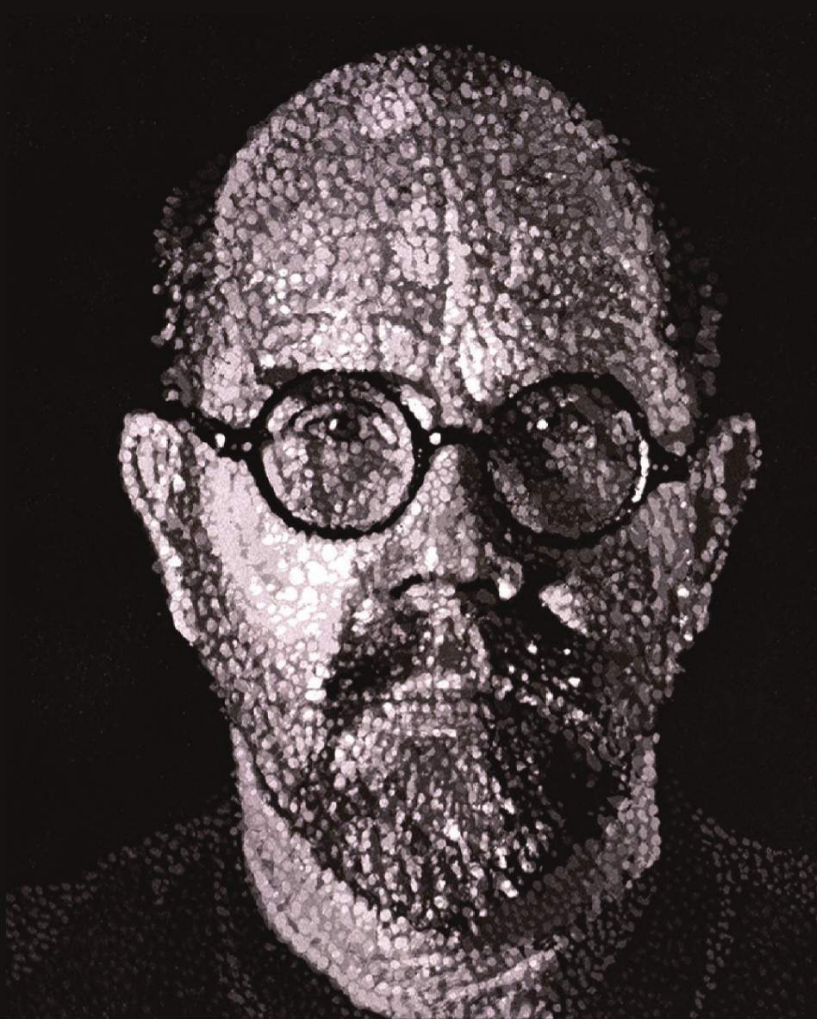


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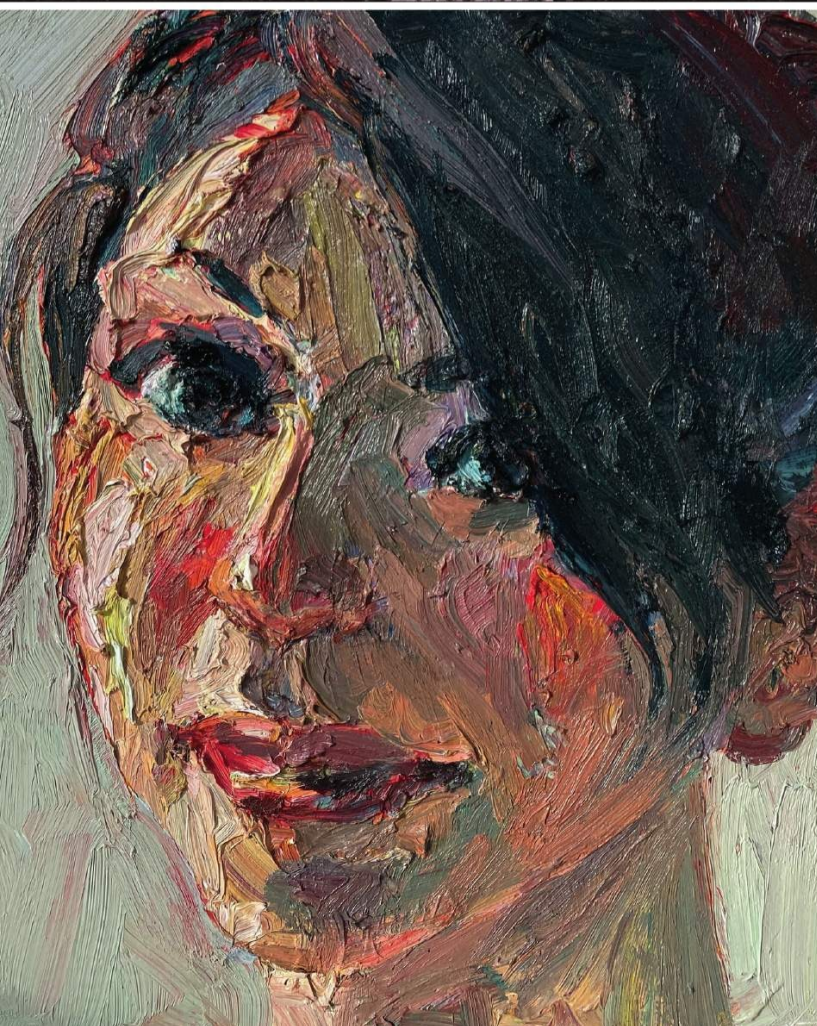
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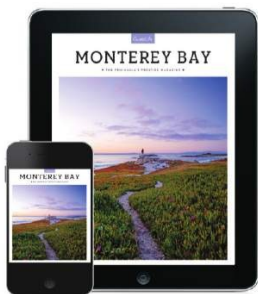
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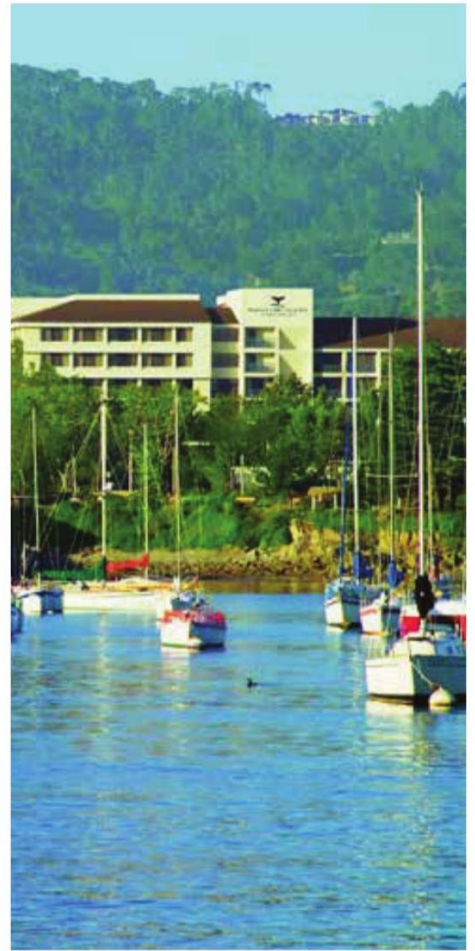
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HAPPY 250, MONTEREY



The first glints of gold come from over the Coast Range, illuminating emerald forest and grassland as they sweep to the water's edge and the cottony wisps of marine layer over Monterey Bay. Imagine marveling at this spectacular coastline 250 years ago, when the only people who had gazed upon this stretch of land were native Rumsien Ohlone communities and Spanish explorers.

Here, on June 3, 1770, in the shade of a California live oak tree, Monterey was established as a Spanish settlement. It was the capital of Alta California under Spanish and Mexican rule, and it was in Monterey at Colton Hall where the state of California was born with the signing of the state's first constitution in 1849.

Since then, the Monterey region has branched out, grown up, and stayed a special place in the hearts of many. It's where my parents honeymooned and my family has lived and vacationed.

As a child, I spent an abundance of hours at Asilomar Beach and Dennis the Menace Playground, wondered at the fall arrival of monarch butterflies to Pacific Grove, and pet countless dogs in Carmel-by-the-Sea. As an adult, I still pay attention to the dogs and butterflies, spend as much time out on the water as possible, and make room in my schedule for the region's wineries. And no matter your interest, there's something for you



in the Monterey Bay area. It's where people have been lured to enjoy music, art, theater, sport, leisure, and that wild landscape at the edge of the continent where the sun finally sets over the vast Pacific Ocean.

There are plenty of ways to get to know the region in this edition of *GuestLife Monterey Bay*, from outdoor experiences like hiking alone and with your furry best friend, to picnicking and discovering the sights along the Coastal Recreation Trail, to golfing and finding the most extreme adventures to get your adrenaline pumping. Find your favorite film locations from *Big Little Lies*, learn about wine or humpback whales, get

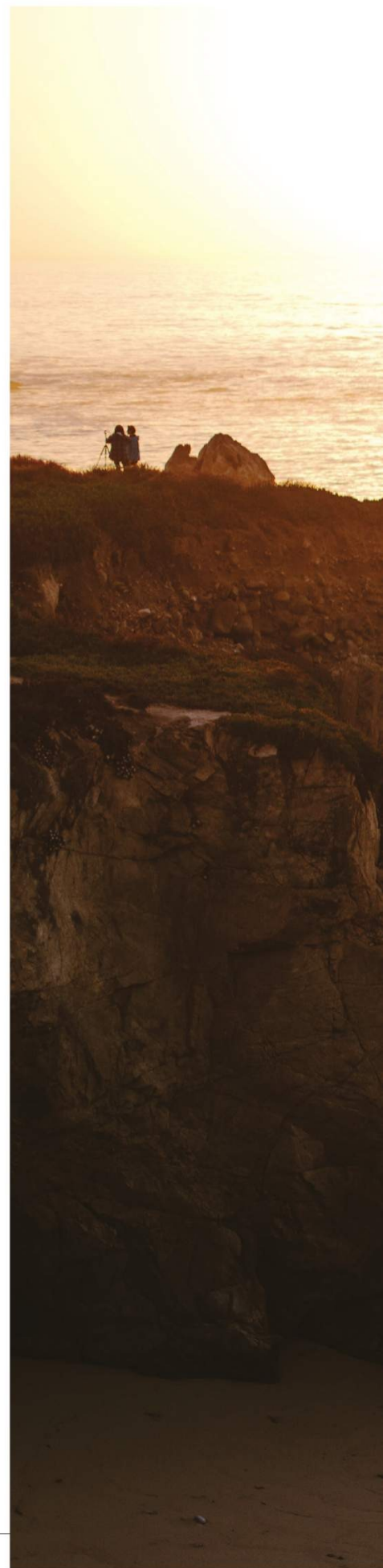
the best coffee in the area, or discover the restaurants and dishes that have a rich sense of place. Get tips from local tastemakers, as well as their favorite places and times to visit. And seek out the semi-precious treasure of Big Sur, beyond its breathtaking landscape.

Our feature stories cover Monterey's 250th anniversary, the importance of the Pacific Ocean to the region, Jeannette Tuttle-Lewis' leadership of the Big Sur Land Trust and how it helps keep Big Sur unspoiled with its mission of preserving open space, and sculptor Steven Whyte's skill at depicting history in bronze.

Take your time to enjoy the wealth of Monterey Bay. Here's to another 250 years.

— Jill K. Robinson

Left: Lou Lesto. Right: Christopher von Steinbach







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MOSS LANDING ↗

WHALE WATCHING



PACIFIC OCEAN



POINT PINO'S LIGHTHOUSE



PACIFIC GROVE



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MONTEREY



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THE LODGE AT PEBBLE BEACH

17 MILE DRIVE

PEBBLE BEACH

STILLWATER COVE

CARMEL BAY



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SALINAS →



THE LONE CYPRESS



POINT LOBOS STATE RESERVE



CARMEL VALLEY →

↓ BIG SUR

Stuart Hill Illustration

THE GUIDE

Where to Eat, Drink, Play, and Explore in Monterey Bay

A close-up photograph of a wedge of cheese, likely Monterey Jack, resting on a wooden cutting board. The cheese is a pale yellow color with a few small holes. The background is softly blurred, showing another piece of cheese in a wooden bowl. The lighting is warm and focused on the cheese.

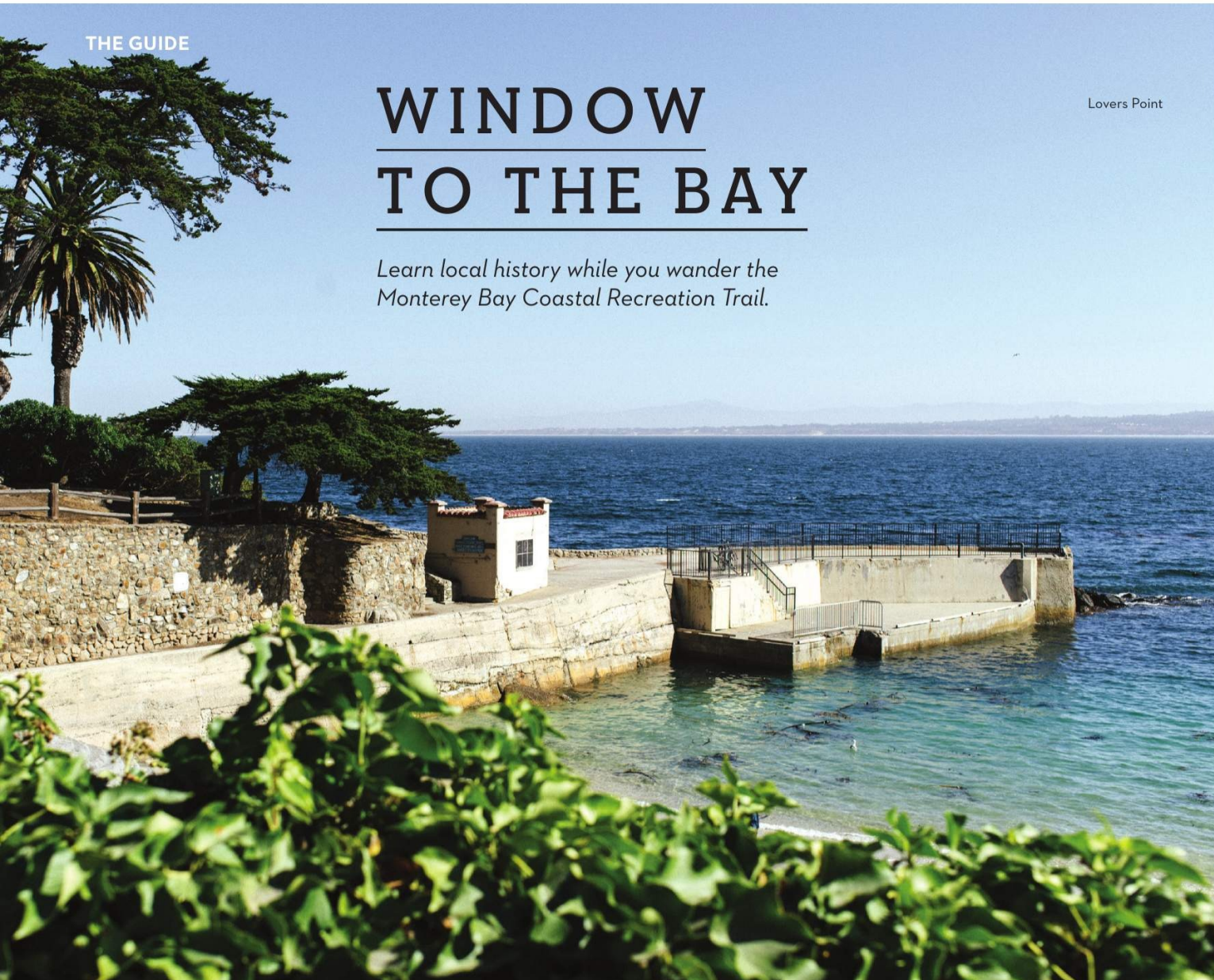
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The Cheese Shop in Carmel is among the area's irresistible shops to stock up for a perfect picnic on the peninsula.

WINDOW TO THE BAY

Lovers Point

Learn local history while you wander the Monterey Bay Coastal Recreation Trail.



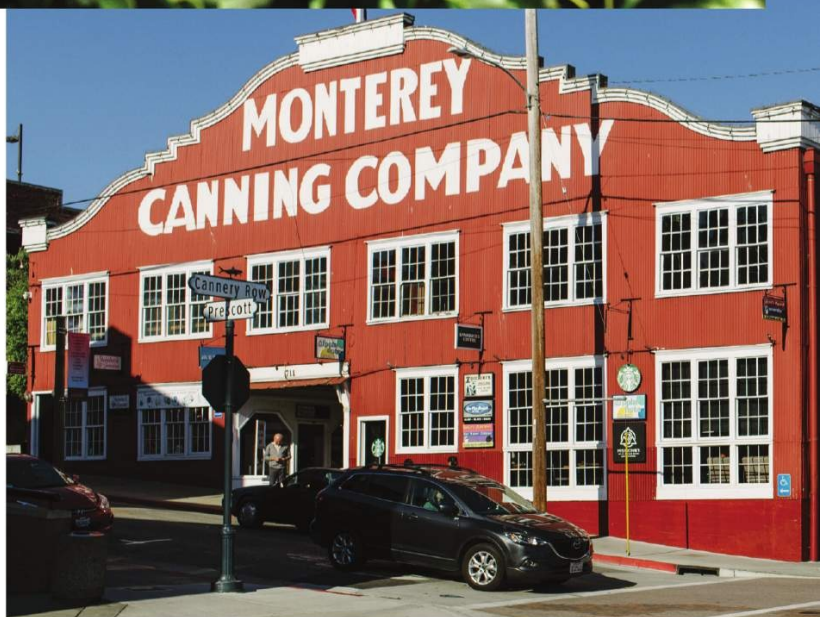
Christopher von Sternbach

A rails-to-trails triumph, the Monterey Bay Coastal Recreation Trail runs for 18 miles – from Pacific Grove north to Castroville – following the former Southern Pacific Railroad line. Start your journey on foot or bike at Lovers Point in Pacific Grove, where the seascape meets the rocky shore and inspires visitors from around the world.

The trail enters Monterey and weaves between the historic buildings of Cannery Row. At Bruce Ariss Way, linger to view housing for Filipino, Japanese, and Spanish cannery laborers.

From men waiting for the morning's fishing boats to workers taking a music break to daily life along the canneries and railroad tracks, murals along the trail depict scenes from Cannery Row's industrial era.

As you leave Cannery Row and approach Old Fisherman's Wharf, a mural depicts the untouched landscape with a large California live oak first described in 1602 by the explorer Sebastián Vizcaíno (the tree lived until 1904). – *Jill K. Robinson*



Monterey
Bay Coastal
Recreation Trail



Cannery Row



View from
Lovers Point



Monterey
Bay Coastal
Recreation Trail





ATTITUDE ADJUSTMENTS

Match your mood to these hikes, whether you want to soothe or sweat.

Monterey County is a hiker's paradise, with a head-spinning array of trails showing off stunning landscapes: scalloped beaches, coastal bluffs, and redwood groves, just to name a few. With so much to choose from, it can be hard to narrow it down. These hikes will suit your state of mind. — *Blane Bachelor*

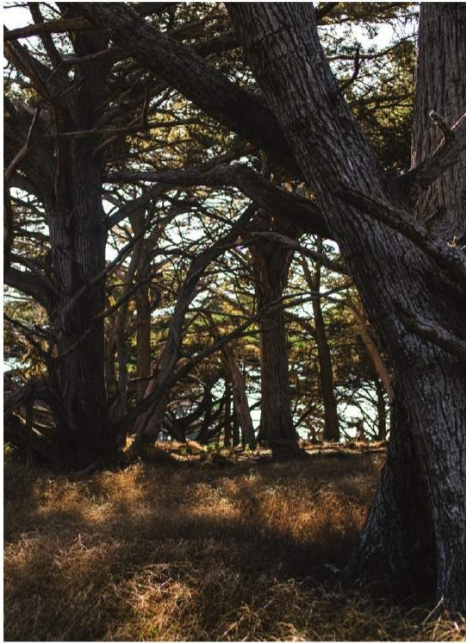
AMBITIOUS

Ollason Peak, Toro Regional Park

You'll earn your views on this quad-busting, 8.3-mile loop to 1,800-foot Ollason Peak. Be prepared for some seriously steep sections (and likely some interactions with cows). Watch out for mountain bikers barreling downhill. There's a picnic table at the top to catch your breath and savor the expansive views of Salinas Valley.



Ask a Local Words: Renee Brinck; Photos: Gettyimages.com, Christopher von Steinbach



LAZY

Skyline Trail, Jacks Peak Park

When you don't have the energy for a hardcore hike but still want to get outside, this 0.8-mile loop is just the spot. Amble through native Monterey pine and wildflowers, such as California poppy and Indian paintbrush, on your way to the 1,068-foot summit of Jacks Peak, where spectacular views of Monterey Bay unfold. Not bad for less than a mile of hiking.

REFLECTIVE

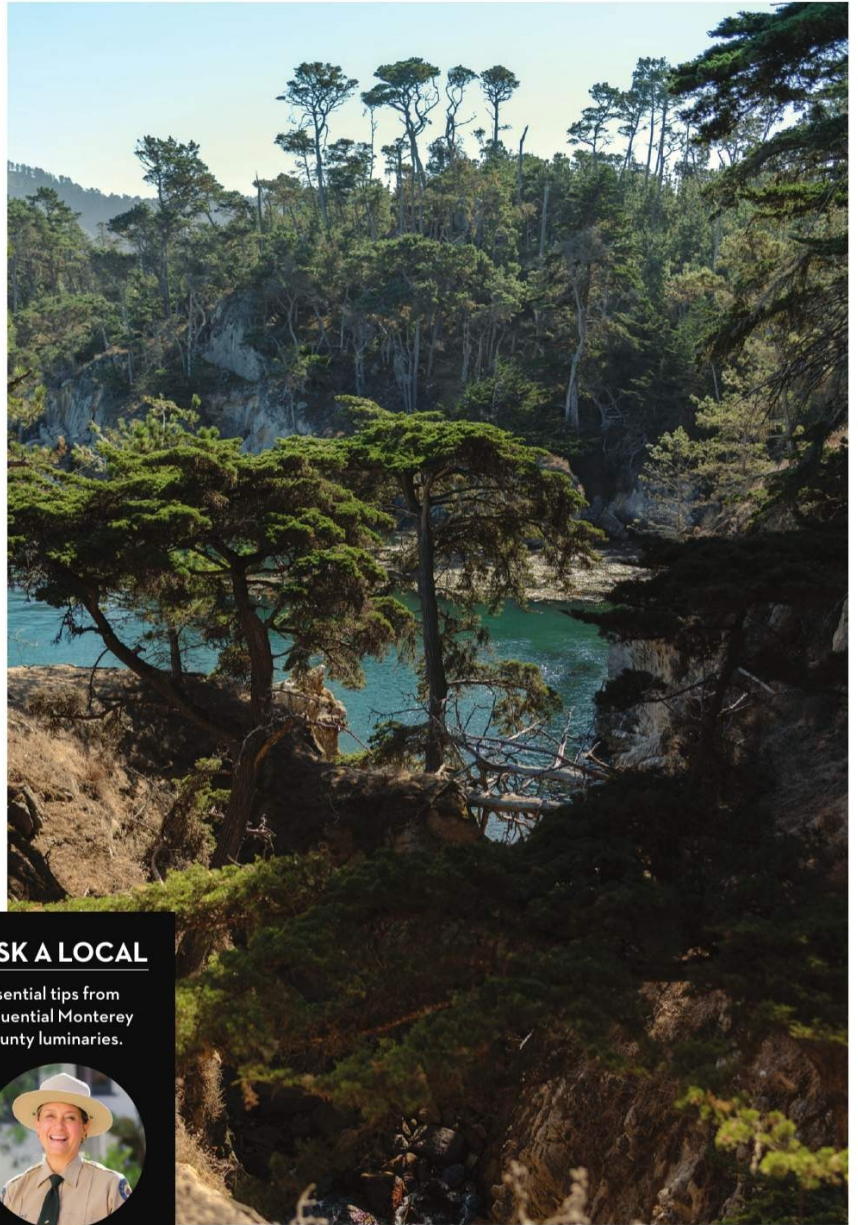
**Andrew Molera Loop,
Andrew Molera State Park**

Ocean vistas and the steady crash of waves are universally soothing, and they take center stage on this 8.8-mile loop that links several trails, including the Bluffs, Panorama, and Ridge. Along the way, you'll soak up gorgeous views of the Big Sur lighthouse and the coast. Several spurs lead to remote beaches where you just might be the only one there.

SOCIAL

**Point Lobos Loop Trail,
Point Lobos State Nature Reserve**

This 6.7-mile loop is one of the area's most beautiful trails, which means it's also one of the most popular, so you won't have it to yourself. Instead, embrace the spirit of sharing and grab your favorite hiking buddies to marvel over the majesty of this coastal beauty – from the eye-popping canvas of wildflowers to sea lions frolicking in the Pacific.



ASK A LOCAL

Essential tips from influential Monterey County luminaries.



LISA MALDONADO BRADFORD
California State Parks interpreter

Best season to visit?

"The fall. From late August to late October, you get cool mornings and evenings and lovely, mid-70s days that tend to be clear and free of the gray marine layer."



Clockwise:
Views of Point Lobos Loop Trail

ANATOMY OF A HUMPBACK

The superstars stand out among the crowd of whales that call Monterey Bay home.



FLUKE

In Monterey Bay, humpbacks often feed closer to shore, making it easy to spot those recognizable spouts from beaches, cliffs, and the decks at the Monterey Bay Aquarium.

Like a fingerprint, the underside of every humpback's tail, or flukes, are unique. One-of-a-kind, white markings are used to identify and track them.

DORSAL FIN

Nancy Black, a marine biologist and owner of Monterey Bay Whale Watch, says the creatures are easy to identify by their "dark color, small rounded dorsal fin, and distinct hump as they arch their back while diving."

PECTORAL FINS

About the size of a school bus, humpbacks have long pectoral fins, or flippers, which stretch a third of their body length.



MOUTH

Monterey Bay is teeming with a variety of wildlife throughout the year, but humpback whales are especially fond of our nutrient-rich water, and generally make themselves at home from March to December.

BLOWHOLE

Blowholes allow whales to breathe at the surface of the water.

TEETH

Instead of teeth, they have baleen plates made of keratin (like fingernails) that help filter krill and small fish from large gulps of water.

VENTRAL PLEATS

The grooves on their chin and throat, called ventral pleats, allow their mouth to enlarge when feeding.

WHALE WATCHING TIPS

- Dress in layers. It's often colder on the water. Wear sensible shoes.
- Wear sunscreen. Sunglasses will help with glare from the water.
- Binoculars can help spot whales in the distance. Bring a camera with a strap.

A WHALE OF A TIME

Missed the humpbacks? Don't worry. There are other amazing whales to see.

- Orcas can be spotted year-round in Monterey Bay.
- Blue, fin, and minke whales show up during summer and fall.
- California gray whales pop up in the winter and spring.

WINE TIME

Monterey County is a respected premier wine-growing region, and these numbers tell the tale – from history to the area’s importance in California’s wine production.

1771

Year Franciscan friars, at the Spanish missions of Soledad and San Antonio, planted the first crop of Spanish Mission grapes

9

Smaller American Viticultural Areas (AVA) located within Monterey County

46,000

Acres of planted vineyards

349

Total vineyards in Monterey County

53

Different varietals used in local wine production

72

Bonded wineries in Monterey County

67

Tasting rooms to visit

9

Percentage that Monterey County represents in the state’s total wine grape cultivation

1919

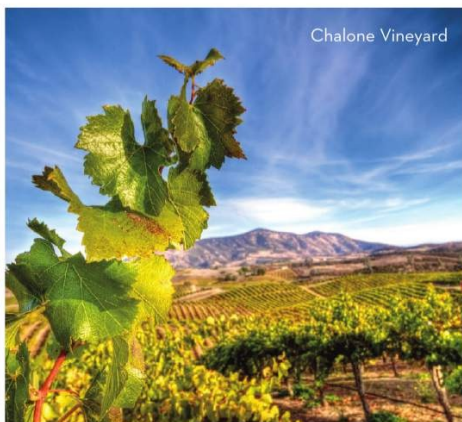
Year commercial wine production began in Monterey County, at Chalone Vineyard

4

Past consecutive Pinot Noir vintages that have rated highest of all California Pinot Noir regions (according to *Wine Spectator*)



Soledad Mission



Chalone Vineyard

Words: Jill K. Robinson; Photos: Top: Gettyimages.com; Bottom left: SeeMonterey.com; Bottom right: Monterey County Vintners & Growers Association

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Whether it's a morning ritual, an afternoon caffeine kick, or a warm-up when the fog rolls in, coffee is not only a daily essential, it's also an experience in Monterey County, where these new favorites bring their A-game to each cuppa. — Kimberley Lovato

■ Located in Seaside, urban edge and an onsite recording studio (open to all who dare) at **Counterpoint Coffee** make it a worthy destination. But the real show starts at the coffee bar, where a cast of talented baristas shake, blend, and pour to please the caffeine-driven clientele. The effervescent espresso tonics are a signature crowd pleaser. Nibble on pastries, cheese, and charcuterie — or drop in for a sip of Monterey beer or biodynamic wines, including two on tap. 565 Broadway Ave., Seaside; facebook.com/counterpointcoffee

■ The oh-so-Instagrammable **Captain + Stoker** gets its name from the positions on a tandem bike, and the décor follows suit with two-wheelers dangling from the ceiling. The airy space was once a German

sausage shop, and the roll-up garage doors invite indoor-outdoor lingering and the wafting scent of heating beans from the 2.5-ton roaster. The single-origin coffee, espresso, iced mocha, and exceptional latte art don't disappoint. There are also café bites, including vegan options and an oft-lauded avocado toast, which you can eat at the community table. 398 E Franklin St., Monterey; captainandstoker.com

■ Tucked inside the 2.5-acre historic Cooper Molera Adobe, the site of Monterey's settling, the cozy **Alta Bakery & Café** has some of the best from-scratch pastries and baked goods around, thanks to culinary director and pastry chef Ben Spungin. But for coffee and tea lovers, it's the changing monthly concoctions that lure you back. A lemon-poppysed latte, lavender latte, and watermelon mint matcha recently made an appearance. Traditionalists, don't worry. Beloved drips, espressos, and Americanos are available to enjoy on an outdoor patio overlooking some of Monterey's most historic buildings. 502 Munras Ave., Monterey; altamonterey.com

Captain + Stoker's
coffee hails from
Brazil, Colombia,
Ethiopia, Guatemala,
Honduras, and Peru.





Shailene Woodley, Reese Witherspoon, and Nicole Kidman in *Big Little Lies*.

BIG LITTLE LAND

Step into the scene at these local sites featured in the HBO series *Big Little Lies*.

The wind-swept beaches, rugged coastline, and moody landscapes of the Monterey Peninsula have as much of a starring role in the hit HBO series *Big Little Lies* as the A-list cast, which includes Reese Witherspoon, Nicole Kidman, Shailene Woodley, Zoë Kravitz, Laura Dern, and Meryl Streep. — *Blane Bachelor*

PALUCA TRATTORIA

This Italian favorite in Fisherman's Wharf is a popular spot for fans to grab a cuppa and served as the inspiration for the Blue Blues coffeeshop, where the ladies gathered throughout the first season. palucatrattoria.com

MONTEREY BAY AQUARIUM

Jane (Woodley) dives into a new job at this popular attraction in the second season, and falls for another aquarium employee. montereybayaquarium.org

LOVERS POINT PARK


The Pacific Grove park and the beach served as the backdrop for several scenes in the first season — from minor dust-ups to major drama — and returned in the second season as the location of the ladies' coffee klatch: the Blissful Drip Cafe, built on location by the production and donated to the town when filming wrapped. cityofpacificgrove.org



Monterey Bay Aquarium



Paluca Trattoria

An aerial photograph of the Monterey Bay coastline, showing the ocean, sandy beaches, and surrounding land. A skydiver is visible in the foreground, suspended from a white parachute. The sky is a clear, deep blue.

MOST EXTREME MONTEREY BAY

Turn up the adrenaline for the region's wildest adventures.

From the Monterey Bay Aquarium to the superstar Pebble Beach links, Monterey County is brimming with ways to enjoy its spectacular scenery. But when you're ready to amp up the action, check out these adrenaline-fueled options — and get ready to earn big-time bragging rights. — *Blane Bachelor*

SKYDIVING

The only way to make the view of Monterey's coastline more breathtaking is to see it from 18,000 feet during a one-minute, 120-mph tandem jump with Skydive Monterey Bay. skydivemontereybay.com

SCUBA DIVING

Head out on a night dive with Bamboo Reef Dive Center or Aquarius Dive Shop to swim among mysterious kelp forests, and come face-to-face with creatures that prefer the dark. bambooreef.com, aquariusedivers.com

RACE CAR DRIVING

To rev up the thrills, get behind the wheel of a Formula One racing car at the Allen Berg Racing Schools at WeatherTech Raceway Laguna Seca, run by former Formula One World Championship driver Allen Berg. allenbergracingschools.com

Wine + Cheese + ...
3 cheeses + 2 bottles
\$85.90 plus shipping
Imperial \$149/30g
Master Selection \$189/30g



PICNIC PARADISE

What makes an unforgettable picnic in Monterey County? Start with scenery – a beach, a hilltop, an oak-shaded riverbank. Then add irresistible food and wine. Here are five best-of-the-best peninsula picnic spots paired with five choice shops to fill up that wicker basket.

Holey Cow
Pastorized whole cow's milk Swiss style cheese made by the Central Coast Creamery in Paso Robles, CA. Aged 9 months and produced using veggie enzymes.
\$21.95/lb

Black Pepper Gouda
Pastorized cow's milk Gouda infused with black peppercorns. Made in the Netherlands using veggie enzymes. Aged 3 months.
\$15.95/lb

Gotswold
Pastorized cow's milk cheese made by Furd Farms in Oostbeemster, England. Produced using animal rennet. Infused with young cheddar, aged 12 months and produced using veggie enzymes.
\$18.95/lb

TomaRashi
Cultured Pastoralized cow's milk cheese from Furd Farms. Pastoralized Cheese Co. in CA. Infused with Chichoni, Toppings, Dutch cheddar and paprika, white and black swiss cheese, white wine, aged, dried tomatoes, aged 12 months and produced using veggie enzymes.
\$20.95/lb

LEKKER
BUTTERY DUTCH Gouda
AGED 6 MONTHS.
PASTEURIZED COW'S MILK
VEGIE ENZYMES
\$16.95/lb

Double Cream Gouda
Pastoralized cow's milk Gouda from the Netherlands. Additional cream is added to enhance the richness of the cheese before it is aged 2 months. Made using cream.
\$15.95/lb

Basil and Garlic Gouda
Pastorized cow's milk Gouda infused with garlic and basil. Aged 12 months and produced using veggie enzymes.
\$15.95/lb

Dragon

Ronceva
Pastorized sheep's milk from the mountains in the Province of Beiras, France. A minimum of 3 months in the dairy's 500-year-old cheese caves. Aged 90 days and made in an Italian style.
\$23.95/lb

attlesnake
Cow's milk cheddar from Blue Creek Creamery, Wisconsin. Infused with Old English and habanero peppers. An outstanding veggie enzyme.
\$19.95/lb

Bennine
Pastorized cow's milk cheddar from the Netherlands. Aged 12 months and produced using veggie enzymes.
\$10.95/lb

Cravero
Parmigiano Reggiano
Pastorized cow's milk cheese from Italy. Aged 24 months and produced using veggie enzymes.
\$29.95/lb

Pradera
Pastorized cow's milk cheddar cheese from the Netherlands. Aged for 6 months and infused with an aromatic young gruyere. Aged 12 months. Produced using veggie enzymes.
\$20.95/lb

Milkbus #149 with Truffles
Pastorized cow's milk cheddar from the Netherlands. Infused with Italian Black Truffles and finished with the milk and the wheels are then aged for 18 months. Produced using veggie enzymes.
\$35.95/lb

Black Pepper BellaVitano
Pastorized cow's milk cheddar cheese from Italy. Aged 12 months and infused with black pepper. Produced using veggie enzymes.
\$21.95/lb

Old Queees + Cheddar
Pastorized cow's milk cheddar from Quebec, Canada. The wheels are aged for 12 months in Canada and then aged in Monterey County, CA for 18 months before being shipped to the States.
\$36.95/lb

L'Adarré Réserve
Pastorized cheddar and goat's milk cheese from the Netherlands. Aged 12 months and produced using veggie enzymes.
\$38.95/lb

Tot

YOUNG

Grijacha Gouda
Pastorized cow's milk Gouda from the Netherlands. Aged 12 months and produced using veggie enzymes.
\$17.95/lb

MONTEREY

Picnic Supplies

Compagno's Market and Deli

Delicious hot and cold sandwiches and a big, quirky selection of beers and soft drinks. 2000 Prescott Ave., Monterey; compagnos.com

Picnic Spot

San Carlos Beach Park

Lawns, picnic tables, and blissful views of Monterey Bay. Reeside Avenue and Cannery Row, Monterey

PACIFIC GROVE

Picnic Supplies

Grove Market

Locals' fave in downtown, with to-go potpies, lasagna, and Monterey County wines. 242 Forest Ave., Pacific Grove; grovemarketgrocery.com

Picnic Spot

Lovers Point Park

Monterey cypresses and sweeping views make this the most romantic picnic spot in the world. 17th Street and Ocean View Boulevard, Pacific Grove

CARMEL AND PEBBLE BEACH

Picnic Supplies

The Cheese Shop

From Cotswold to Emmentaler, there's a whole world of cheeses, plus crackers and wines in Carmel Plaza. Junipero Street, Carmel-By-The-Sea; thecheeseshopinc.com

Nielsen Brothers Market

Step beneath the green-and-white awning and head to the deli counter for tri-tip sandwiches and an enormous wine selection. 7th Avenue and San Carlos Street, Carmel-By-The-Sea; nielsenmarket.com

Picnic Spots

Bird Rock

On a road rich in magnificent views, one of the best – with picnic tables, too. South of Pt. Joe, 17-Mile Drive



Opposite: The Cheese Shop in Carmel. Right, top to bottom: Nielsen Brothers Market, Bird Rock, Jerome's Carmel Valley Market.

Carmel City Beach

Bring a blanket and picnic on the smooth white sand. Foot of Ocean Avenue, Carmel

CARMEL VALLEY

Picnic Supplies

Jerome's Carmel Valley Market

Rustic-but-gourmet grocery off Carmel Valley Road with organic produce, sandwiches, and Carmel Valley wines. 2 Chambers Lane, Carmel Valley; jeromescarmelvalley.com

Picnic Spot

Garland Ranch Regional Park

Cross the bridge over the burbling Carmel River and enter an idyllic world of oaks and wildflowers. Picnic on tables near the visitor center, or tuck lunch in a daypack and stroll the Lupine Loop. Carmel Valley



ASK A LOCAL

Essential tips from influential Monterey County luminaries.



CHARLIE CASCIO

Goat guy and cheesemaker. Carmel Valley Ranch

Must-see local attraction?

"The Monterey Bay Aquarium is the jewel of Monterey County. I enjoy visiting, especially when there are new exhibits."



26

Public and private golf courses scattered throughout Monterey County

468

Total holes

5

Courses that have hosted the AT&T Pebble Beach Pro-Am (or its predecessor, Bing Crosby Pro-Amateur Golf Championship)

161,137

Total yards

6

Number of times the U.S. Open has been played at Pebble Beach Golf Links

32

Combined course designers

A GOOD WALK

Fast facts about golf on the Monterey Peninsula.

California's golf history has its early beginnings in Monterey County and today, the region's dramatic scenery and famous golf courses inspire awe and draw players from all levels of the sport.

TOP DOG-FRIENDLY BEACHES AND PARKS IN MONTEREY COUNTY

Enjoy the outdoors with your furry best friend at your side.



Carmel Beach

ASK A LOCAL

Essential tips from influential Monterey County luminaries.



DENESE SANDERS
Founder and director,
Open Ground Studios

Favorite annual event?

"The West End Celebration, hands down. It's held in Sand City each August, and it's the best place for arts, crafts, music, and food. It's a great place to meet locals."

Whether pooches prefer sandy paws or grassy hillsides, Monterey Peninsula's dog-friendly spots are worth sniffing out. — Dana Rebmann

CARMEL BEACH

Dogs can romp off-leash at this seaside paradise. Poised pups wanting to make waves can hang 20 with a surfing lesson.

ASILOMAR STATE BEACH

Opt for the mile-long stretch of sand, the slightly shorter Asilomar Coast Trail — or both. Dogs must remain on leash at all times.

GARRAPATA STATE PARK

Near Big Sur, the beach at Garrapata State Park is open to dogs on leash. Spy nearby sea lions and otters from the sandy stretch.

GARLAND RANCH REGIONAL PARK

Specially designed water fountains help dogs (and humans) stay hydrated at this Carmel Valley hiking spot. Off-leash pups must be kept nearby, under voice control.

FORT ORD NATIONAL MONUMENT

The more than 86 miles of trails running through this former military base vary from easy to difficult, and are open to leashed dogs.

Asilomar State Beach



Garland Ranch



Garrapata State Park



MUST-TASTE DELIGHTS

With the abundant Pacific Ocean within striking distance, mealtime is the best time in Monterey County.



Abalone at
Grasings

Oysters

Salt Wood Kitchen and Oysterette delivers fresh organic coastal cuisine and seafood, including a steady rotation of the area's best in-season shuckers. saltwoodkitchenoysterette.com

Catch of the Day

The name of Wild Fish says it all. The restaurant specializes in seasonal fresh catch, such as petrale sole and rock cod. wild-fish.com

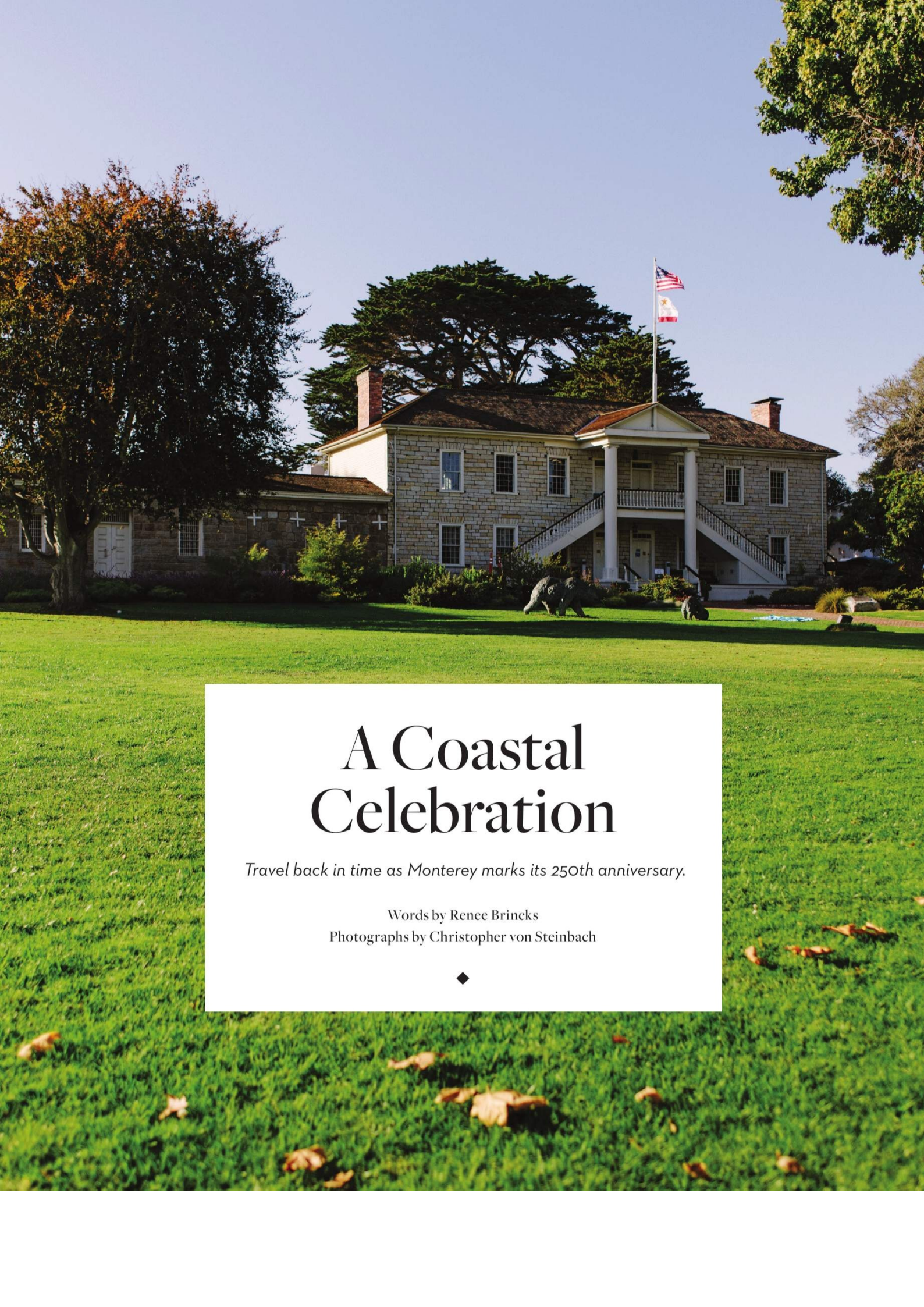
Calamari

When in the "Calamari Capital of the World," head to Jacks Monterey where a tempura-battered version with white miso aioli and chili-lime vinaigrette twists the classic. portolahotel.com

Abalone

Known more for its pearlescent inside shell than its edible meat, abalone is a local delicacy. Try it at Grasings where it's cooked doré style – browned with lemon, capers, and butter. grasings.com





A Coastal Celebration

Travel back in time as Monterey marks its 250th anniversary.

Words by Renee Brincks

Photographs by Christopher von Steinbach



Colton Hall
was the site of
California's 1849
constitutional
convention.





Below, left and right:
The Custom House is
California's first state
historic monument.



Six years before delegates signed the Declaration of Independence, Spanish explorers gathered under an oak tree overlooking Monterey Bay. On June 3, 1770, along the same sweep of scenic coast where native Rumsien Ohlone communities fished and foraged for food, the Europeans held a mass and claimed the land for Spain.

“That’s the beginning of Monterey as we know it today,” says Dennis Copeland, Monterey’s museums and archives manager. “Since then, the city has always celebrated its anniversary in one way or another.”

In 2020, Monterey marks its 250th anniversary with public art openings, theatrical performances, community picnics, and cultural events honoring the Rumsien people and subsequent settlers who shaped this city’s grand history. Monterey served as the capital of California under Spanish and Mexican flags. Delegates later wrote the state’s constitution here. California’s first newspaper, theater, and public library all operated in Monterey, and many of the community’s original adobes still welcome guests.

Several well-preserved adobes date back to the early 1800s, when Mexico gained independence from Spain. Monterey became a key commercial port under this new government, welcoming traders from France, Great Britain, and beyond. Merchants paid taxes at the Custom House, now a waterfront museum that explores Monterey’s trading days.

“The Custom House is California’s first state historic monument, and it really tells a story of transformation,” Copeland says. “When the Mexican

government opened California to various foreign vessels, it made small-town Monterey more cosmopolitan. Some of those international traders and ship captains decided to stay here, and it created a true melting pot.”

Commodore John Drake Sloat raised an American flag above Monterey’s Custom House in 1846, claiming 600,000 square miles of land for the United States. The changeover paved the way for the California constitutional convention held in Monterey three years later.

The Custom House and Colton Hall, where delegates drew up plans for California statehood, are two highlights on Monterey’s Path of History. Part of Monterey State Historic Park, the self-guided downtown walking tour spotlights 55 significant sites and buildings — from Mexican-era adobes, to a stretch of whalebone sidewalk, to the hotel where Robert Louis Stevenson wrote one of his books. Golden sidewalk plaques line the Path of History’s meandering route, and California State Parks organizes guided walking tours of several featured

Stevenson House
was briefly home
to Robert Louis
Stevenson in 1879.



Right and below:
Built in 1847, the
Pacific House is now
home to museums.

buildings (dates and times vary by the season). Visit the state parks website (parks.ca.gov) for tour times, along with self-guided walking tour maps and details about a related mobile phone tour.

The Path of History maps are also located at the Pacific House, a two-story adobe set steps away from the Custom House. This 1847 structure illustrates the engaging, and often surprising, histories of some of Monterey's most noteworthy sites. Originally built as a home for a local businessman, the Pacific House has since served as a hotel for sailors, a courtroom, a church, a ballroom, a newspaper office, and a law agency.

Today, first- and second-floor museums showcase indigenous artwork and articles from Monterey's Spanish and Mexican past. The adjacent Memory Garden, which once accommodated rowdy bullfights and bear fights, is now a fountain- and flower-filled refuge.

Two blocks away, the Old Whaling Station also started out as an adobe home. The Old Monterey Whaling Company moved its headquarters and employee housing into the building in 1855. These days, the Old Whaling Station opens mainly for special events. Outside, however, you'll find delicate, diamond-shaped sidewalk tiles crafted from whale vertebrae and set in place during the region's 19th-century whale-hunting heyday. Next door, displays in the First Brick House document Monterey history and architecture.



Library of Congress, Prints & Photographs Division, HABSP CAL, 27-MONT, 5-1





Above and below: John Steinbeck started writing *The Pearl* while living in the Lara-Soto Adobe in 1944.

Follow Pacific Street past Casa Serrano, an 1843 adobe that housed one of California's first schools, and turn right to reach the Lara-Soto Adobe. Currently part of the Middlebury Institute of International Studies at Monterey, this small Pierce Street building played an important role in literary history. Salinas-born novelist John Steinbeck bought the property in 1944. Though he stayed for less than a year with his wife and their young son, Steinbeck started writing *The Pearl* while living in the home.

Colton Hall occupies much of the next block. Like many of its early Monterey neighbors, the stately stone structure has a diverse past: It has held the county courthouse, the city police headquarters, a public school, and a hospital. Perhaps best known as the site of California's 1849 constitutional convention, the building buzzed with activity for six weeks as 48 delegates outlined the articles of statehood.

"The constitution created in Colton Hall brought together American Brits and the Californios, people of Spanish heritage who were born here, to become part of this new country. The document itself was bilingual — English and Spanish. The delegates made California a free state. They also gave women the right to own property, which was virtually unheard of in the United States at that time. It was a very progressive constitution," Copeland says.

During Monterey History Fest each October, a convention reenactment



Below and left: The Old Whaling Station was home to the Old Monterey Whaling Company in 1855.



takes place in the same room where representatives gathered for the convention. Throughout the year, the free Colton Hall Museum maintains exhibits that showcase those meetings, along with Golden State history and life in early Monterey.

A few blocks over, the 1830s-era Stevenson House once operated as The French Hotel. Its most famous guest, the author Robert Louis Stevenson, checked in for a few months in late 1879. In addition to romancing Fanny Osbourne, the woman he later married, Stevenson penned *The Old Pacific Capital* while based in the downtown adobe. A collection of his books and personal belongings headline current Stevenson House displays.

As Monterey commemorates its 250th anniversary, the city is also celebrating the renewal of a major Path of History destination. Anchoring one end of Alvarado Street since the 1820s, the 2.5-acre Cooper-Molera Adobe complex is a throwback to Monterey's early Mexican port city days. Three generations of the Cooper and Molera families occupied the campus, which includes two original adobe homes, an adobe warehouse, a corner store, and wooden barns surrounded by a rustic wall.

Recent National Trust for Historic Preservation-led renovation restored the campus' Cooper and Diaz adobes and refreshed exhibits in the two museum spaces. Crews rebuilt the surrounding gardens, now bright with native plants and flowers. The refurbished Cooper-Molera store houses Alta, a chic bakery

with house-made pastries, breads, and lunch items. Chef Ben Spungin worked at Post Ranch Inn in Big Sur and Carmel Valley's Bernardus Lodge before opening the popular cafe.

This year, the property's former warehousing will reopen as Cella, a restaurant with garden seating and a menu that features local ingredients.

"Cooper-Molera is a good example of adaptive reuse in a historic site," Copeland says. "It's home to an intriguing blend of history and heritage, local foods, and some major events and celebrations."

While major events that celebrate Monterey's own anniversary will end in late 2020, cultural leaders are planning Path of History updates that include new signage and an expanded route featuring additional structures. It's all part of a continued effort to honor and highlight the city's past for present-day audiences.

"It's quite a tapestry that we can share with people here," Copeland says, "in terms of both the absolute beauty of this place and Monterey's rich heritage."

MONTEREY

Heed the call of the waves and venture beyond the beach.

BAY

WORDS BY JILL K. ROBINSON



H2O





Lingcod caught at Old Fisherman's Wharf. Opposite: Students at Carmel Surf Lessons.

Stand on any beach or bluff in Monterey Bay and look out across the water to the vast Pacific Ocean. The seascape here is an essential part of the culture and has inspired art, poetry, stories, songs, and films. It influences the weather, romance, local wine, and what shows up on the dinner table. One of the best places to become intimately familiar with its importance is out there among the liquid swell.

Monterey Bay falls within the Monterey Bay National Marine Sanctuary, a federally protected marine area off California's central coast. At a shoreline length of 276 miles, extending an average distance of 30 miles offshore, and 12,713 feet deep at its deepest point — it's one of our nation's largest marine sanctuaries, even larger than Yellowstone National Park.

You don't need to dive in that deep to enjoy the wealth of Monterey's water-based activities, and regardless of where you fall on the adventure spectrum, there are plenty of options that match your definition of adventure.

FISHING

Whether you're fishing from shore, a pier, or on a charter fishing trip, the year-round diversity of fish makes Monterey Bay full of adventure. With companies that charter daily fishing trips from Old Fisherman's Wharf, a day on the water can be as easy as showing up on time and buying your ticket. Depending on the season, fisherfolks may catch rockfish, lingcod, halibut, salmon, Dungeness crab, or sand dabs. Head out with outfitters like **J&M Sport Fishing** or **Chris'**

Fishing Trips, and the pros on board can walk you through the best practices for being a successful angler. A handful of state parks and beaches in Monterey Bay allow saltwater fishing, and both sandy and rocky beaches are ideal for catching different types of fish. Don't forget to get a license, unless you're fishing from a public pier or public wharf, which doesn't require one.

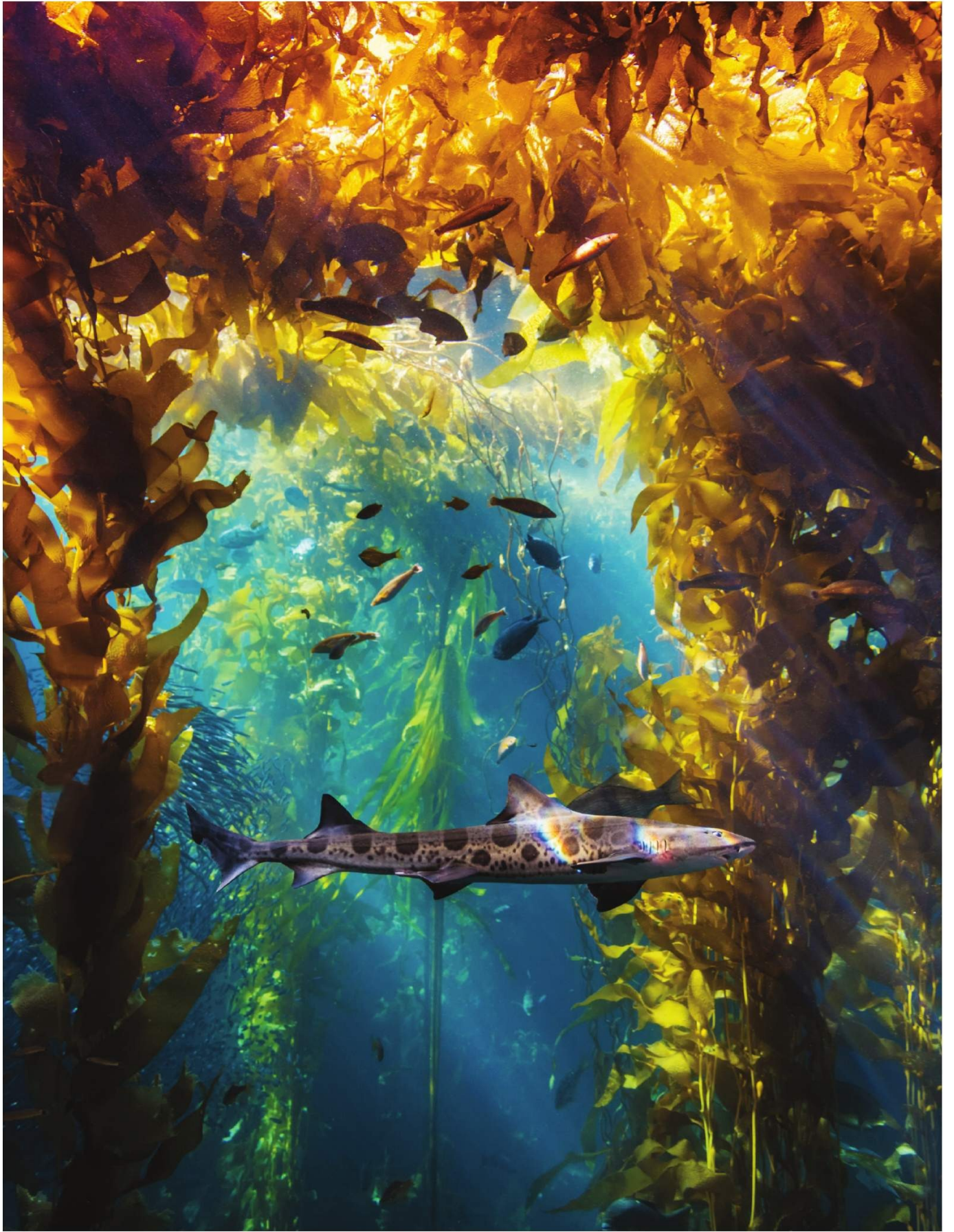
SURFING

California takes its surf culture seriously, but having fun is always the first goal for the sport. If you're a newbie, consider taking a class like those offered by **Monterey Bay Surf Lessons** and **Carmel Surf Lessons**, where you'll get the scoop on necessary techniques. If you're an experienced surfer and want to head out on your own, get rental gear and local lore at **On the Beach Surf Shop**, where surfers on staff can also help you determine the right break for you. The shallow waters near Del Monte Beach are sweet for beginner shortboarders, advanced riders flock to spots from Lovers Point to Big Sur, and Asilomar



**YOU DON'T NEED TO DIVE IN THAT
DEEP TO ENJOY THE WEALTH OF
MONTEREY'S WATER-BASED ACTIVITIES.**





Monterey Bay Aquarium



Opposite: Monterey Bay Aquarium's Kelp Forest exhibit. Left: Stand-up paddle boarders at McAbee Beach on Cannery Row. Right: A group from Breakwater Scuba at San Carlos Beach.



State Beach and Carmel Beach are best when waves are lower than waist high (and less likely to have powerful riptides). No need to be aggro in the lineup — there are enough waves for everyone.

KAYAKING AND PADDLE BOARDING

When it comes to the best ways to be close to the water, spy wildlife, and get a little exercise, kayaking and stand-up paddling (SUP) always come out on top. If you're lucky, you may see harbor seals, sea lions, and sea otters, as well as brown pelicans, cormorants, jellies, and sea stars. Outfitters like **Monterey Bay Kayaks** and **Adventures by the Sea** let you choose whether you want to go it alone with rental gear, or get a tour with guides leading the way who share insights on the area and its marine life. Available classes help newbies learn the ropes, but aren't necessary unless you prefer to take your time ramping up, or want to eventually venture out into more challenging conditions. When you're out on the water, gaze down into the kelp forest to get a sense of the tranquility below.

SAILING

Imagine a sunset sail where you spy whale spouts while the golden light falls on the Monterey coastline. For many, the romance of the sea is all about sailing, especially when you can pick a destination that's as beautiful as Monterey Bay. The fastest path to getting out on the water is with companies like **Sail Monterey**, known for its popular sunset cruises complete with snacks, wine, and cozy blankets for breezy, cool nights. Daytime two-hour voyages explore the bay in search of spectacular views and fascinating marine life. And a private cruise for a small group is perfect for families or your closest friends. **Monterey**

Sailing & Boat Charters is another outfitter that offers private sailing charters of two to four hours that range from Cannery Row to Lovers Point, and farther out to Carmel and where the bay meets the Pacific Ocean.

DIVING

There always seem to be crowds around the windows of the Kelp Forest exhibit at the **Monterey Bay Aquarium**, all mesmerized by the towering strands of kelp reaching into the sunlight. Monterey Bay beckons to divers from around the world to experience this feeling from below the surface, complete with the possibility of getting close to anemones, nudibranchs, wolf eels, harbor seals, and sea lions in their element — without glass between you. Dive shops like **Breakwater Scuba**, **Bamboo Reef Dive Center**, **Aquarius Dive Shop**, and **Dive to Survive Scuba** offer tours from San Carlos Beach to Point Lobos, as well as courses to get started or improve your existing skills. If you're traveling with dive buddies and want to explore on your own, all four shops also stock rental gear and plenty of advice. Once you've gone beneath the waves, you'll wonder what you're missing when you're on the surface.

Saving Sur

At the Big Sur Land Trust, Jeannette Tuitele-Lewis helps protect the most beautiful coast in the world.

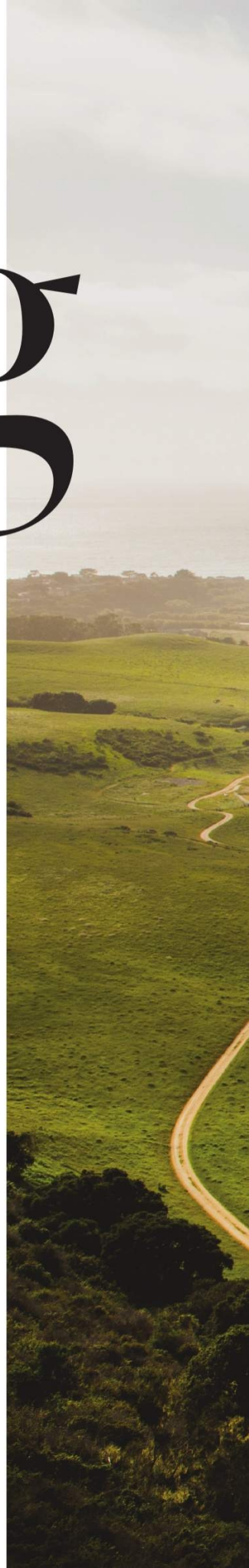
“**B**ig Sur is an incredibly iconic region,” Jeannette Tuitele-Lewis says. “Amazing and beautiful. We’re so lucky here.”

Anybody who has experienced Big Sur will agree. Stretching south from Monterey for more than 70 miles, Big Sur’s cliffs and coves and crashing waves, its wildflower-dotted hillsides and redwood canyons combine to create the most beautiful coastline in the world.

As CEO and president of the Big Sur Land Trust, Tuitele-Lewis has helped to keep Big Sur unspoiled. Since its founding in 1978, the trust has saved 40,000 acres of Big Sur from the overdevelopment that has marred other popular coasts, from Miami Beach to Waikiki.

“We’re a nonprofit conservation organization,” Tuitele-Lewis says in her office in Monterey’s historic Gabriel de la Torre Adobe. “We work

Words by Peter Fish





“I’VE ALWAYS BEEN INTERESTED IN THE RELATIONSHIP BETWEEN PEOPLE AND THEIR ENVIRONMENT.”

— JEANNETTE TUITELE-LEWIS



Above:
Jeannette Tuitele-Lewis,
president and CEO of
Big Sur Land Trust.

to conserve land for open space, for wildlife habitat, to maintain working landscapes like farming and ranching.” To do that, the trust buys private lands (from willing sellers) then transfers them to state, regional park, or other agencies so the public can enjoy them.

“We work quietly in the background,” Tuitele-Lewis explains. “People sort of know what we do, but they don’t always have the full sense.” There’s ample evidence of the trust’s work — swaths of coast and mountains that remain undeveloped — along Highway 1 through Big Sur.

One of the trust’s biggest successes is open to the public now. The Lobos-Corona Parklands project, the largest conservation effort in Monterey County history, takes in 10,000 acres that extend from the Carmel River south into the rugged Santa Lucia Mountains. Working with other agencies, including the Monterey Peninsula Regional Park District, the trust helped acquire these ecologically rich acres and is now in the process of opening much of them to the public. Almost half the land has been set aside as Palo Corona Regional Park (pictured on previous page). Trail access from Carmel Valley opened last year, and additional access is expected to open this year.

The trust’s environmental mission extends beyond preserving open space. Tuitele-Lewis, who became the CEO and president in 2014, is especially proud of their educational programs. “We have three-day camp experiences where youth get out into nature,” she says. “This year, we had 150 students.” All the children are from Monterey County, she explains, but many haven’t had opportunities to explore their own natural backyard. “We want kids to realize their connection with nature. Because you only protect

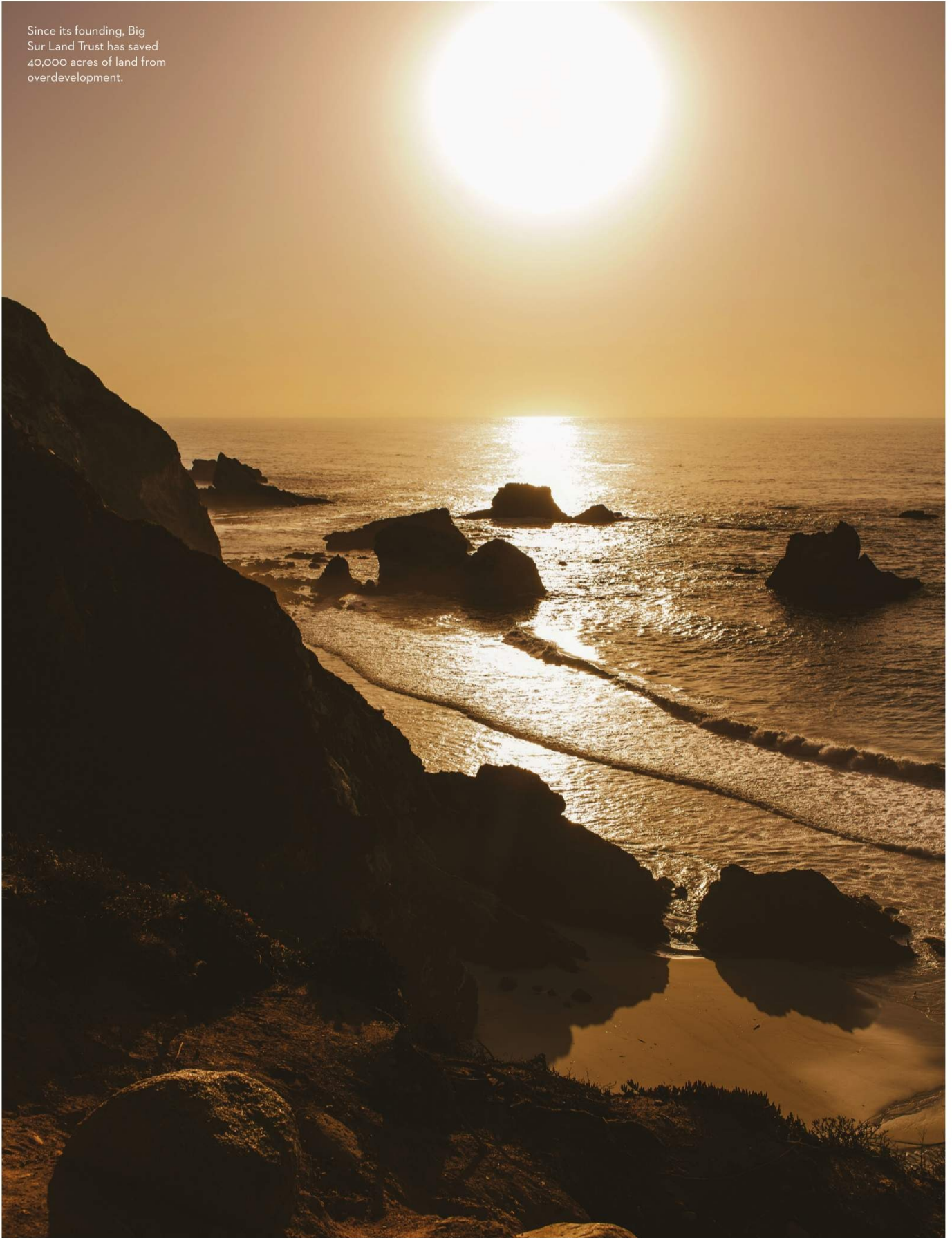
what you love.”

That’s a lesson Tuitele-Lewis drew from her own life. With a father in the Navy, she “grew up all over,” she says. She spent her early childhood in Guam. She recalls, “I spent my days searching for shells on the beach.” Her family moved to Northern California, but she returned to island life when she attended the University of Hawaii, earning a degree in botany. She then spent time in American Samoa, where her father was from, studying ethnobotany and working with traditional healers. “I’ve always been interested in the relationship between people and their environment.”

Tuitele-Lewis learned about land trusts when earning a master’s in forest science at Oregon State University. “I had been doing a lot of technical scientific work,” she remembers. “I missed the people aspect of the work. For me, that is where I feel I am at my best, when I’m able to make the connection between land and people and tell the story.” She adds, “The outdoors was where I could feel I could be myself. The land saved me. And now I get to save the land.”

For more information, visit bigsurlandtrust.org.

Since its founding, Big Sur Land Trust has saved 40,000 acres of land from overdevelopment.







MONUMENTAL TALENT

Sculptor Steven Whyte receives awards (and hate mail) for depicting history in bronze.

WORDS BY TOVIN LAPAN

PHOTOGRAPHS BY CHRISTOPHER VON STEINBACH



In the classroom, Steven Whyte could barely see the board or get through reading without muddling the words. The Carmel-by-the-Sea-based sculptor is shortsighted and severely dyslexic, something he easily admits now but never confessed to teachers as he scuffled through grade school in England.

“Plus, my parents were in the air force, so we were moving every two or three years,” he says. “The only class that stayed with me was art. It’s up close, no reading. It was something I could get the right kind of attention for.”

In his last year before college, he took a ceramics class and it was “love at first touch.” His academic roadblocks crumbled away as his eye for detail shined.

Whyte became the first undergraduate accepted to the prestigious Sir Henry Doulton School of Sculpture. He focused on the human form, and his talent for capturing nuances of appearance while also evoking the character and personality of the subject soon drew attention and commissions, such as one for the Speaker of the House of Commons.

In 1999, Whyte arrived in Monterey after deciding to move across the Atlantic and touring several artist towns. “I liked the history of Carmel and particularly the weather,” he says. “Every day in Carmel is like a summer’s day in the U.K.”

Whyte eventually landed in a studio on Cannery Row before moving his shop to Carmel in 2007. He now counts numerous public commissions and large-scale monuments among his portfolio. In 2019, he completed a bust of President Jimmy Carter for his presidential library, and he has crafted bronze versions of Clint Eastwood, Martin Luther King Jr.,

Abraham Lincoln, Bob Hope, and Tufts University mascot Jumbo the elephant. Some of his work lives in the Smithsonian Institute's permanent collection.

Each piece starts with meticulous research. If Whyte can't study the actual subject, he uses similar sized models and photographs. Before adding clothing and accessories, he depicts the subjects nude. "It makes it look like a man in a suit rather than a suit with a head coming out of it," he says.

The process involves numerous steps from Whyte's studio to the foundry and back again, beginning with a clay sculpture. Next is a silicone mold of the clay, followed by a hollow wax casting of that mold. The wax is dipped in ceramic and allowed to dry multiple times before 2,200-degree molten bronze is poured inside. The ceramic cast is then blasted off, and the bronze sculpture is sent to Whyte's hand-picked metal working shop for finishing details, before the final patina is applied.

Whyte says his most complex work to date is a tribute to Texas A&M University's *War Hymn*. The final piece — a 40-foot-long chain of a dozen students with arms linked together — weighs 20,000 pounds. More recently, Whyte completed *The Column of Strength*, the San Francisco memorial to

World War II-era comfort women and a sister installation for Seoul, Korea. Whyte weathered hate mail and a campaign to kill the project, but he's still actively seeking social justice work.

"As news and news stories become even more temporary, it's important these aspects of history are remembered," he says. "Hopefully, I sculpt things that affect the emotions of the people standing there learning about it, as well as the emotions of the people who lived it."

The gallery in the heart of Carmel village is open every day but Tuesday and houses a collection of Whyte's works in addition to a display explaining the sculpting process. To get a closer look at Whyte's method, he also welcomes visitors to his studio in The Barnyard.

Below: Whyte works on a sculpture of Bing Crosby. Opposite page: *Mourning Figure*.





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Duality (Yin & Yang), 2018
By Richard MacDonald



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Award-winning chefs prepare delectable creations of the freshest, sustainable seafood and USDA prime aged beef. The signature Abalone Bisque was served by request at President Ronald Reagan's inaugural dinners, and the Calamari Puffs are one of Rachael Ray's favorites.

The Sardine Factory has been recognized with virtually every culinary award imaginable, including the Distinguished Restaurants of North America (DiRoNA), AAA Four Diamond for "Best Seafood," and the *Monterey County Herald* Readers' Choice for "Best Restaurant in Monterey." A choice from our renowned 20,000-bottle wine collection complements any dish — after all, we won the "Best Wine List in America" award from *Restaurant Hospitality* magazine.

Our service is so warm and friendly you'll feel like a regular, and after just one visit, you will be.

The Sardine Factory hosts distinctive and unforgettable private events for the most discriminating guests. The Wine Cellar offers a once-in-a-lifetime symphony of food, wine, music, and service, all orchestrated for the ultimate experience in private dining.

The Lounge's live entertainment and affordable, flexible menu are a casual alternative to our other dining rooms.

Whether you're planning a special occasion or a more casual night out with family and friends, The Sardine Factory is a must in Monterey.

701 Wave Street, Monterey, CA 93940
831-373-3775, sardinefactory.com

DETAILS

- ✦ Dinner:
 - Sunday-Thursday 5–9:30 p.m.,
 - Friday and Saturday 5–10 p.m.
- ✦ Lounge:
 - Sunday-Thursday 5–10:30 p.m.,
 - Friday and Saturday 5–11 p.m.
- ✦ Daily Happy Hours 5–6 p.m. and 9:30–10:30 p.m.
- ✦ Live entertainment in The Lounge Tuesday-Saturday starting at 7:30 p.m.
- ✦ Complimentary valet parking
- ✦ Join us on Facebook: facebook.com/sardinefactory
- ✦ Twitter: twitter.com/sardine_factory



The renowned Wine Cellar plays host to unforgettable private events.



CA

LE

ND

Monterey Bay's signature events are as rich and varied as the region's landscape and wealth of activities. Find your favorites and fill your itinerary.

AR

JANUARY

1/25
Half Marathon at Pebble Beach
pebblebeach.com

1/25-26
Whalefest Monterey
montereywharf.com

FEBRUARY

2/3-9
AT&T Pebble Beach Pro-Am
attpbgolf.com

MARCH

3/6-8
Jazz Bash by the Bay
jazzbashmonterey.com

3/12-15
Relais & Chateaux GourmetFest
gourmetfestcarmel.com

3/29
Steinbeck Birthday Celebration
steinbeck.org

APRIL

4/3-5
Next Generation Jazz Festival
montereyjazzfestival.org/NGJF

4/4-5
Pacific Grove Good Old Days
pacificgrove.org

4/16-19
Pebble Beach Food & Wine
pbfw.com

4/16-19
Sea Otter Classic
seaotterclassic.com

4/26
Big Sur International Marathon
bigsurmarathon.org

MAY

5/2
Winemakers' Celebration
montereywines.org

5/10-12
Ferrari Challenge North America
races.ferrari.com

5/15-17
Carmel Art Festival
carmelartfestivalcalifornia.com

5/22-24
California Roots
Music & Arts Festival
californiarootsfestival.com

JUNE

6/6-7
California International Airshow
salinasairshow.com

6/6-7
Castroville Artichoke
Food & Wine Festival
artichokefestival.org

6/6-7
Spartan Monterey Super
and Sprint Weekend
spartan.com

6/13-14
Monterey Wine Festival
montereywine.com

6/20
Carmel Valley Art & Wine
Celebration
carmelvalleychamber.com

June 1-7

Monterey 250th Anniversary Events

Look for events that celebrate Monterey's anniversary this week, from Colton Hall to the Old Customhouse, the unveiling of a 15-foot abalone sculpture at San Carlos Beach Park to a tour celebrating the modern flavors of Monterey tied to its storied history by Monterey Bay Food Tours.
seemonterey.com

Sea Otter
Classic



Next Generation
Jazz Festival



JULY

7/4
Monterey Beer Festival
montereybeerfestival.com

7/16-19
California Rodeo Salinas
carodeo.com

7/18-8/1
Carmel Bach Festival
bachfestival.org

7/24-25
Feast of Lanterns
feast-of-lanterns.org

7/26
Moss Landing Antique Street Fair
mosslandingchamber.com

7/31, 8/1-2
Steinbeck Festival
steinbeck.org

AUGUST

8/1-2
Scottish Games & Celtic Festival
montereyscotgames.com

8/7-16
Monterey Car Week
seemonterey.com

8/8
Salinas Valley Food & Wine
salinasvalleyfoodandwine.com

8/13-16
Rolex Monterey
Motorsports Reunion
weathertechraceway.com

8/16
Pebble Beach
Concours d'Elegance
pebblebeachconcours.net

8/21-23
Sand City West End Celebration
westendcelebration.com

SEPTEMBER

9/3-7
Monterey County Fair
montereycountyfair.com

9/4-6
Festa Italia
festaitaliamonterey.org

9/5-7
Monterey Greek Festival
mbgreekfestival.com

9/25-27
Monterey Jazz Festival
montereyjazzfestival.org

OCTOBER

10/1
Taste of Carmel
tasteofcarmel.org

10/3
Butterfly Parade & Bazaar
pacificgrove.org

10/10-11
Monterey Bay Triathlon
montereytri.com

NOVEMBER

11/5-7
Big Sur Food and Wine
bigsurfoodandwine.org

11/13-15
National Steinbeck Center
Comic Con & Film Festival
steinbeck.org

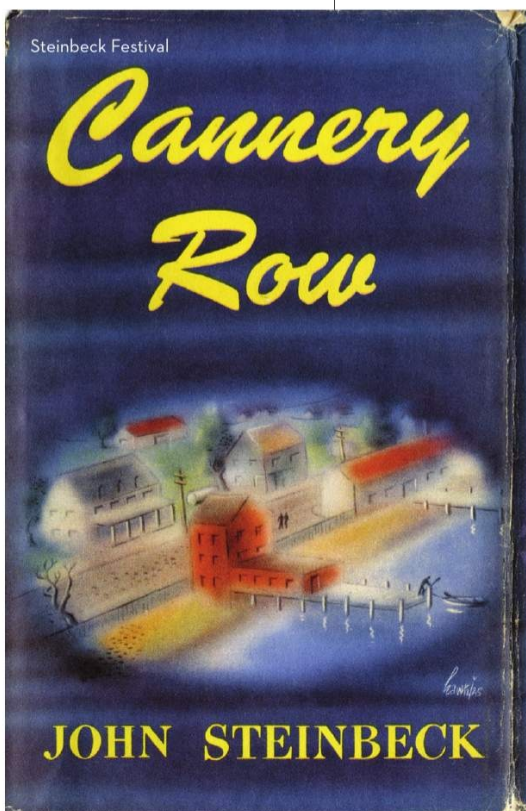
11/15
Monterey Bay Half Marathon
montereybayhalfmarathon.org

DECEMBER

12/1-2
Christmas at the Inns
pacificgrove.org

12/11-12
Christmas in the Adobes
parks.ca.gov

12/31
First Night Monterey
firstnightmonterey.org



Clockwise from left: National Steinbeck Center; Pebble Beach Concours d'Elegance/Kimball Studio; The Delmar; Big Sur Food and Wine Festival

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COME BACK

Left: Seed Sprout in two-tone Big Sur jade.
Right: Sea Unicorn in Big Sur blue jade.

SEMI-PRECIOUS BIG SUR

The wild coast holds a cache of blue-green beauty.

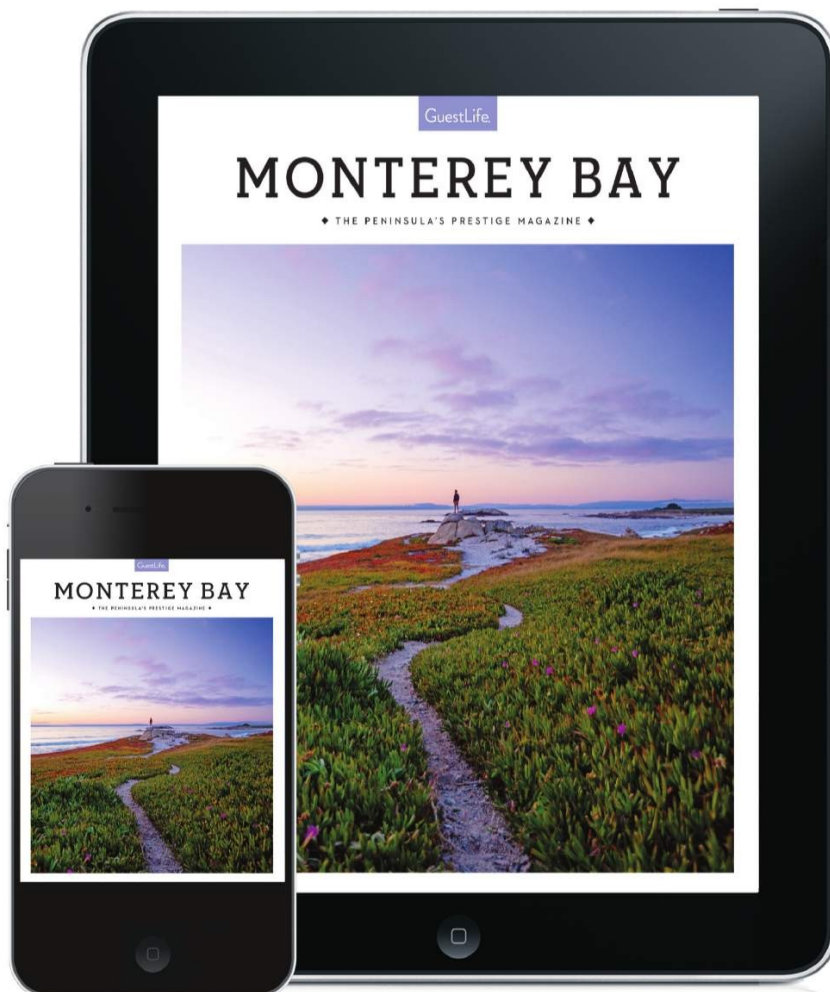
Big Sur's rugged beauty inspired painter Francis McComas to call it "the greatest meeting of land and water in the world." It's also home to nephrite jade, found in a concentrated deposit along parts of Big Sur's south coast. Some of the jade can be spied on land, but the greatest treasure is underwater – and there are rules about collecting it that include weight limits and the types of tools allowed.

While stumbling across a jade stone on the beach is a rock hound's dream, consider a specimen carved by world-renowned artist Matthew Glasby, who creates jewelry, spectacular woven designs, and fantastical creatures that look as if they could come alive in an instant. At the annual Big Sur Jade Festival, one of the largest lapidary shows of its type in the world held each October, discover even more artists and a wealth of stones that range in size from tiny to tremendous. —Jill K. Robinson



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